

Comparison of skill performance of soccer players in outdoor and indoor situation

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■ ABSTRACT

The purpose of this study was to compare skill performance of soccer players in outdoor and indoor situation. For the purpose of this study, 25 female soccer players from the Department of Physical Education, University of Allahabad were selected as subjects who had adapted soccer as their match practices. The selected objective skill tests for the presented was McDonald Soccer Test. Pertaining to the selected objective, skill test of soccer was collected in the football field and gymnasium hall, University of Allahabad. For the purpose of study, the test was administered to all the subjects as per prescribed procedure. To compare the rating on the selected test “t” test was applied on the level of significance set at 0.05 levels. The findings of the study showed significant difference of McDonald in the indoor and outdoor conditions.

■ Key Words : Soccer, Skill test

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Evaluating the amount of knowledge achieved, skill developed and attitude formed is an important function of teaching any subject or discipline. The extent of its important can be visualized by never ending schemes and report on examination reforms in the academic subjects. But evaluation is much more complicated in physical education as the factor effecting in learning physical fitness, motivation, and intelligence, besides instruction got form well planned schemes of lessons. Further, the criterion behaviours is also in evaluation physical skill of the players. But there has been continued efforts made to scientifically construct valid, reliable and objective test in various sports activities by physical educator and athletic coaching professionals. In physical education, the process of evaluation employs the use of two type of test that is standard test and teacher made test.

One of the major objectives of physical education should strive to construct presides and meaningful measuring devices

to help to evaluate the extent to which this objective has been achieved (Clarke and Clarke). Much of total physical education programme is devoted to the acquisition of sports skill. Thus, it is doubly important that continued efforts should be made to scientifically construct valid, reliable and objective best in the various sports activities. The success of any programme lies on the fact that how far its set objectivity has been met. It is true in the fields of games and sports also, which are very popular in the modern world and in an ever developing field.

The history of soccer is in fact is untraceable. But one will admit that interest in soccer among the people the world was found, long back. The ever increasing popularity of soccer has created demand to put a game in all bitter scientific thought. Therefore, the coaches and teachers have endeavour to the participants with methods and materials which would enable them to play the game with more enjoyment to win the game for assessing their general soccer ability and predicting their